Contents

Acknowledgments	xi
History of Psychology through Symbols: From Reflective Study to Active Engagement	1
Introduction 1	
How to Engage the Text 2	
Assume a Critical-Emancipatory Perspective 2	
Engage Symbols as a Universal Teacher 4	
Embrace the Existence of Shadow in All Human Activity 8	
Situate Psychological History in Political, Socioeconomic,	
and Cultural Systems 10	
Apply History to Daily Life 14	
How to Engage Each Chapter 14	
Reflect on Each Symbol 14	
Read the Political, Socioeconomic, and Cultural Systems Analysis 14	
Read the Historic Developments in Psychology 14	
Consider Applying the Emancipatory Opportunities 14	
Answer Key Course Questions 15	
Review the Universal Meanings of the Chapter Symbols 15	
Review References 15	
Review the Impact of Symbols on Learning 15	
How to Engage the Two Volumes 15	
Volume One – The Historic Roots of Modern Psychology 15	
Volume Two – The Development of Modern Psychology 17	
The Four Forces of Modern Psychology 17	
The First Force – Psychodynamic Psychology 17	
The Second Force – Behavioral Psychology 18	
The Third Force – Humanistic-Existential Psychology 18	
The Fourth Force – Transpersonal Psychology 19	
Questions 1 19	
Universal Meanings of the Chapter Symbols 20	
References 20	

2 Symbols of the Axial Age: The Age of Psychological Transformation

Introduction 23

Psychology beyond the Greeks 23

The Origin and Goal of History 24

Scientific Method 24

Controversies 26

Symbol and the Universalistic Vision 26

Shadow 27

Beyond Western Ethnocentrism 27

Zoroastrianism - Iran 27

Historical Analysis of Zoroastrianism 27

Zoroastrian Psychology 28

Emancipatory Opportunities in Zoroastrianism 32

Hinduism - India 33

Historical Analysis of Hinduism 33

Hindu Psychology 35

Emancipatory Opportunities in Hinduism 41

Buddhism - India 41

Historical Analysis of Buddhism 41

Buddhist Psychology 45

Emancipatory Opportunities in Buddhism 52

Confucianism - China 52

Historical Analysis of Confucianism 52

Confucian Psychology 55

Emancipatory Opportunities in Confucianism 60

Daoism - China 61

Historical Analysis of Daoism 61

Daoist Psychology 63

Emancipatory Opportunities in Daoism 67

Judaism - Palestine 69

Historical Analysis of Judaism 69

Psychology of Judaism 72

Emancipatory Opportunities in Judaism 76

Questions 2 77

Universal Meanings of the Chapter Symbols 77

References 78

3 Symbols of the Greek Era: The Foundation of Western Psychology

Introduction 81

Greeks in the Axial Age 81

An Encounter with Myth 82

From Mythology to Philosophy 83

	Greek Era 84 Historical Analysis 84 Greek Psychology in the Axial Age 89 The Pre-Socratic Revolution 95 Classical Greek Philosophy 101 Emancipatory Opportunities in Greek Philosophy 112 Questions 3 113 Universal Meanings of the Chapter Symbols 113 References 114	
4	Symbols of the Hellenistic, Christian, and Islamic Eras	117
	Introduction 117 The End of the Axial Age 117 Hellenistic Age – Greece 118 Historical Analysis of Hellenistic Age 118 Hellenistic Psychology 120 Emancipatory Opportunities in Hellenistic Psychology 124 Christian Era 124 Historic Analysis of Christian Era 124 Christian Psychology 126 Emancipatory Opportunities in Christianity 142 Islam 143 Historical Analysis of Islam 143 Psychology of Islam 145 Emancipatory Opportunities in Islam 149 Questions 4 149 Universal Meanings of the Chapter Symbols 149 References 150	
5	Symbols of Psychological Rebirth during the Renaissance, the Scientific Revolution, and the Enlightenment Introduction 153 Renaissance 153 Scientific Revolution 155 The Enlightenment 155 The Renaissance 156 Historical Analysis of Renaissance 156 Renaissance Psychology 161 Emancipatory Opportunities of the Renaissance 169 The Scientific Revolution 169 Historical Analysis of the Scientific Revolution 169 Psychology and the Scientific Revolution 173	153

x Contents

Emancipatory Opportunities of the Scientific Revolution 181

The Enlightenment 181

Historical Analysis of the Enlightenment 181

Enlightenment Psychology 186

Emancipatory Opportunities of Enlightenment 198

Ouestions 5 201

Universal Meanings of the Chapter Symbols 201

References 202

6 The Symbols of the History of Mental Illness: Past, Present, and a New Vision for the Future

205

Introduction 205

A New Vision 205

Definition of Mental Illness 205

A Community Mental Health Vision 206

Mental Illness 207

Historical Analysis of Mental Illness 207

Historically Based Best Practices 221

A Half Century of Darkness: 1900-1950 233

The End of Moral Treatment 233

The Psychiatric Pharmaceutical Revolution 243

First Generation Antipsychotics 243

Second-Generation Antipsychotics 245

The Psychological Revolution in the Treatment of Mental Illness 247

Behaviorism 247

Psychoanalysis 247

Jungian Analysis 248

Existential and Transpersonal Psychology 248

The Community Mental Health Revolution 250

Deinstitutionalization and the Birth of Community Mental Health 250

Community Psychology 253

Clinical Psychology and the Realigned Community Mental Health System 254

Innovation and Best Practices in Community Mental Health 255

The Consumer and Family Member Revolution 260

The Psychiatric Survivors Antipsychiatry Movement 260

Controversy between Clients and Their Families - Involuntary Care 261

National Alliance on Mental Health 261

Emancipatory Opportunities to Transform the Mental Health System 265

Ouestions 6 267

Universal Meanings of the Chapter Symbols 268

References 268