

C O N T E N T S

List of Age-Appropriate Dance Activities, Sample Lesson Plans and Group Dances..	vii
Acknowledgements	ix
Introduction	x
1 Dancing in Your School.....	1
2 Dancing in School Settings	3
Historical Perspective	4
1900-1960	4
1960-2000	5
No Child Left Behind Act	7
Contemporary Context	8
Goals for Facilitating Dance Education	9
Curriculum and Standards	9
3 Dance Language	13
Is It Moving or Is It Dancing?	13
So What Makes It Dance?	14
Dancing or Creative Dancing.....	15
Elements of Dance as Dance Language	15
Four Elements of Dance and Their Attributes	15
4 Dancing as Physical Education	20
Physical Fitness and Health	20
Motor and Physical Development	28
Locomotor Movement.....	29
Building Locomotor Movement Skill.....	29
Non-Locomotor Movement	39
Perceptual Motor Learning	40
Kinesthetic Sense	48
Using Props to Strengthen Kinesthetic Sense	50
5 Dancing as Kinesthetic Reinforcement of Learning	56
How Do Students Learn?.....	56
Behaviorist Approach	56
Phenomenological Approach	57
Theory of Multiple Intelligences	57
Moving and Learning.....	59
Learning Kinesthetically	61
Additional Examples for Kinesthetic Reinforcement of Learning	64
6 Dancing as Cultural Play	72
Roles Students Assume While Dancing	73
The Element of Choice as Cultural Play	76
Social, Cultural, Artistic Choices.....	78
Leading and Following.....	78
Dancing and Popular Culture.....	84
Identity, Self-Esteem, and the Willing Child	86

7 Dancing as Arts Education	88
Objectives for Dance as Arts Education	88
Dance as an Art Form	89
Individual Creative Expression: Taking Risks and Finding Different Approaches	89
Sensitivity For Form.....	90
Appreciating Diversity in Dance Expression and Aesthetic Viewpoint	92
Fostering Understanding of Cultural Diversity: Different People, Places, and Times ..	97
Dance Activities Can Integrate Other Arts	102
Arts Projects That Students Can Create to Enhance Their Dances	102
Integration of Other Arts as Inspirations for Dance Creation	103
The Moving, Thinking, Willing, Feeling Child	108
8 Observation	111
Students' Nonverbal Movement Expression	111
Teachers' Nonverbal Movement Expression and Self-Knowledge.....	113
When and How to Use Movement Observation	114
Activities for Behavior Modification	115
9 Creating Dance Lesson Plans for the Classroom	123
Structure for Dance Lesson Plans	123
Dance Lesson Plan Samples	126
Dance Lesson Plans for Varying Age Groups.....	129
10 The Teacher as Facilitator	147
Individual Teaching Style	147
Teaching Methodology to Engage and Direct/Control Learning.....	148
Procedural Choices to Engage Students	148
Procedural Choices to Direct or Control Learning	150
Using the Elements of Dance to Engage and Control	152
Imagery	155
11 Assessment	157
Assessing Dance Activities	157
Standards-Based Pre-established Criteria	158
Additional Pre-established Criteria.....	158
Reflection as On-Going Assessment.....	159
Student Self-Reflection and Performance Assessment	161
Teacher Self-Reflection and Performance Assessment	162
Recommending Outside Dance Training for Students.....	163
Bibliography of References	166
Appendix A: Equipment and Materials to Enhance Dance Activities	170
Appendix B: Additional Dance Lesson Plan Resources	175
Appendix C: Dance Education Networking Resources	178
About the Author	180